

**YWCA Omaha**  
**Education & Prevention Classes**

**Domestic Violence Education: FREE 3 sessions**

**Advance registration not required – may join a class at any time**

See schedule for dates of specific sessions

- Monday Mornings @ YWCA 11 a.m. – 12:15 p.m.
- Monday Evenings @ YWCA 6:15 p.m. – 7:30 p.m.
- Tuesday Mornings @ **Latino Resource Center** 11a.m. – 12:15 p.m. (Spanish Only)  
Latino Resource Center  
5211 S. 31st Street

**Sessions**

- Domestic Violence Defined
- Domestic Violence and the Effects on Families
- Power & Control/Healthy Relationships

**Women's Empowerment: \$145 for 12 sessions**

DHHS Vouchers accepted

**Advanced Registration Required** – Classes are ongoing and a client can join at any time once payment has been received. Contact Loa at 345-6555 to register and/or to discuss payment options.

Tuesdays Evenings @ YWCA 5:30 p.m. – 7:00 p.m.

Wednesday Mornings @ YWCA 10:00 a.m. –12:00 p.m.

**Parenting Classes: \$60 per person for 10-week class**

**Advanced Registration Required** – Classes start and end on specific dates and fees must be paid in advance.

Contact Carol at 345-6555 to register and/or to discuss payment options.

Tuesdays Evenings @ YWCA 5:30 p.m. – 7:30 p.m.

Thursday Mornings @ YWCA 10:00 a.m. – 12:00 p.m.