

## **YWCA Omaha Provides Men's Intensive Out-Patient Drug and Alcohol Program**

Omaha - YWCA~Omaha will begin offering an Intensive Out-Patient Drug and Alcohol program for men within the community facing co-occurring issues of domestic violence, further complicated with the abuse of drugs and alcohol.

The program officially begins on Monday, January 18, 2010 .

YWCA~Omaha is identified as the preferred provider by the State of Nebraska Department of Probation. The Out-Patient Drug and Alcohol curriculum meets the standards of the State of Nebraska Voucher program in evaluating program duration, quantity and time-span of classes, with the inclusion of individual weekly counseling sessions. Mr. Joseph Lange, -a Licensed Alcohol and Drug Counselor, under the supervision of Judy L. Seeman, Independent Mental Health Provider will oversee the program. Ms. Seeman expressed, "Mr. Lange comes to us with an extensive amount of expertise and is a great addition to the YWCA~Omaha team."

The Out-Patient Drug and Alcohol program, in addition to the YWCA~Omaha Men's Non-Violence Program are cognitive based programs which provide men the skills to deal more effectively with the stresses of daily life which are further impacted by various environmental influences. "We at YWCA~Omaha believe that domestic abuse and alcohol and drug dependency need to be addressed concurrently in order for clients to create opportunities for success," according to Ms. Seeman.

For more information on the Non-Violence Program or other services provided by YWCA~Omaha, go to [www.YWCAomaha.org](http://www.YWCAomaha.org) or call the YWCA~Omaha to speak to a program counselor at (402)-345-6555.